



Serving The Black and Caribbean Community Over 40 Years February 2003

Combating (Part 1 of a Series)

Submitted by Milton Hart

"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that." Dr. Martin Luther King Jr.

The acts of gun-related violence that are being committed by individuals, reportedly of Jamaican birth or ancestry, are generating much attention and debate within the Toronto milieu.

It is overwhelmingly evident that this is a very serious problem. This issue necessitates much attention from the police, our community leaders, politicians and citizens in general. It is the kind of problem that can only be solved by collaborative action, especially where the "community" and the police are concerned. My contention here is that mutual component of the community and

respect and understanding are needed in order to win this fight against black on black violence. Otherwise, this is a lost cause.

The commencement of a solution will occur when we accept the fact that this is indeed a problem and not just a situation that is being over-highlighted by the media. Young black men are violently killing each other in the streets of Toronto and we should not be mute on this issue by virtue of the fact that the lives of many are at stake.

It is factual that the Toronto police are doing a tremendously good job of crime-prevention, but I would suggest that old strategies will not necessarily be effective in dealing with this problem and that good demeanor is undoubtedly one of the most effective weapons. If the police present themselves as a

not just law-enforcement officials, then most elements of these communities will be more receptive.

I am mindful of the fact that the young black men we are discussing are not the only persons committing violent crimes in Toronto. It is also evident that mainstream media have shown an unwillingness to broadcast positive and

uplifting news coming out of "black communities" and are seemingly eager to depict negativity within. Notwithstanding this fact, the present problem of violence in our community is real, not fabricated by the media, and needs an immediate solution.

> Martin Luther King's above-Continued on page 13

OUARTERLY MEETING

Sunday Feb. 23/03

Jamaican Canadian Centre 995 Arrow Road

For further information call

JCA at (416) 746-5772

JCA's web page/address - Web Site: www.jcassoc.com • E-mail: info@jcassoc.com

Sometimes it seems like all young people are an enigma. Sometimes it seems like, only "some" young people fit this category and still, sometimes it seems like only "OUR" young people are a true mystery.

However, when we allow ourselves to "believe" in our young people all our young people long enough, we recognize that though they have traits of mystery, they are indeed just 'normal' young people, living in an abnormal world, that demand much of them sometimes too much maybe!

It is therefore quite distressing when these same young people try to make a difference that they should be told 'you are a nuisance.'

With this in mind, we publish an open letter that was sent to our Police Chief, Julian Fantino, by a member of the JCA. This letter was printed in various newspapers.

Dear Chief Fantino:

First of all I would like to point out to you that you are not the only authority figure in our society to belittle our young people. We find this attitude in our schools, other educational institutions and homes.

One would expect that for an apparently intelligent person, (which I have no doubt you are), your Mr. Fantino, seeing that your response to the statement "why should you expect us to respect you when you don't respect us Black kids?" made by the 15 year Chandelle Dickenson at your town hall meeting last night was disappointing and demeaning. We have a saying in Jamaica that if you throw a stone in a pigpen, the one that scream the loudest is the one that got hit.

What an excellent opportunity you missed last night to teach Chandelle Dickenson and her colleagues present, the role and importance of the police force? Think about it Chief. Think about these young people spreading the word that the police force is an empathetic one which is serious about building bridges.

Chief Fantino, is it not ironic that your police force and the adults present at your meeting are basically dealing with problems faced by our youths, and then you behave as if the youths attending your town hall meeting are interlopers? How can you and the community leaders solve the troubling deviant problems of a small minority of our young citizens if you make them voiceless by your insults when they try to be heard?

Chief, we realize that the mindset of monoliths such as the police force is that might is right, and that the law is the law. This might be true chief, but have you ever consider the old proverb that "it is easier to catch flies with honey than with vinegar?"

Mr. Fantino, 15-year-old adolescents like Chandelle Dickenson and young people everywhere who are curious and concerned enough to ask questions or seek clarifications about the world around them should be applauded. Yes chief, their concerns "dignify" answers, explanations, and coaching and not insults. You like many other community leaders and parents need a different approach to youths and their problems. The sledge hammer approach will not work.

community meetings are mainly focused on youths and their problems, why not, even occasionally, meet with youths leaders themselves instead of adults who pretend to think and talk for youths, and let them help you and the community solve some of the problems we as adults fear. You might be pleasantly surprised at some of the problem-solving strategies you



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Letters and submissions welcome. The Editorial Committee reserves the right to edit materials for length.

will receive from them.

By the way Chief Fantino, Chandelle Dickenson deserves an apology. Her thoughts, however caustic they might sound, "need a dignified response."

Vincent Conville Former President of JCA. 2003/01/09

A note to our Chief even though you felt you got a cold stare from Chandelle when you extended your hand after that meeting, it is never too late to right a wrong 'do the right thing' let the media find a nice story, despite what was.

Acting Executive Director's

A prosperous 2003 from the staff and program volunteers of the JCA.

For the period January to December 2002, Settlement Services For New Immigrants (ISAP AND NSP) once again catered to newcomers who have been in Canada anywhere from one to ten years. The programs helped provide some settlement needs for newcomers from the Caribbean and Africa as well as from countries such as China, Hong Kong, Pakistan, Sri Lanka and India in the Greater Toronto Area.

NSP staffer, Joe Boateng, coordinates the activities of the JCA's Saturday Morning Tutorial and Heritage Program for Grades 1 to 8 students. This program assists students with their homework, primarily in English and Mathematics. Subjects such as Information Technology, General Science Basic Engineering, Heritage and Culture are also taught.

Caribbean Youth and Family Services (CYFS) is an umbrella for a number of programs. Each of these programs surpassed their client service goal for the year 2002.

The Leaders In Partnership (LIP) program was developed by the Jamaican Canadian Association, in partnership with the Toronto Police Service Community Response Unit 31 Division. LIP serves students who are 12 years old and under

eventually lead to their first contact with the law. Seventy-one (71) students were served in 2002 and were all encouraged to develop critically needed social behaviours and to harness their best qualities to enhance self-esteem and selfconfidence.

The Transition Program - 'The K-Club' served approximately 120 'at risk' youths who might have become involved with the law or may have already been involved with the law and were being re-introduced into the community and were mandated to participate through the courts. Some services were provided directly in the penal institutions by staff.

The objective of the Parenting Program offered by the JCA is to bring parents and children together in a supportive learning environment with a view to having them permanently reunited as a family. The program served fifty (50) parents and thirty-six (36) children during 2002. Twenty-five (25) of the children were reunited with their parents.

The Violence Against Women's Program (VAW) served more than 85 women and children who experienced violence. This program is designed to address and eradicate violence from the lives of women and children. It is augmented by the VAW-Transitional Support Program, which helps women, and children who are now prepared to establish separate lives from their abusers.

Opportunity Plus+ is a job assistance program, for unemployed individuals age 45 and over.

Opportunity Plus+ assists individuals in their job search as well as helps them to

who exhibit anti-social behaviours, which comprehend the changes in the labour market both globally and locally.

Summer Camp Under the title "Footprints to Achievement" staff from the CYFS department created a not-to-beforgotten summer camp in 2002. The Camp, which was held at the JCA Centre, was thoroughly enjoyed by an average of fifty (50) participants on a weekly basis. We look forward to another excellent camp in 2003 BANQUET HALLS



416-746-5772





MEMBERSHIP APPLICATION FORM

JAMAICAN-CANADIAN ASSOCIATION 995 Arrow Road, North York, Ontario M9M 2Z5 Phone: (416)746-5772 Fax: (416)746-7035

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By Juliet Williams

Skating on ice and shooting a puck is as much Canadian as winter. Hockey is to Canadian what Ackee and Saltfish is to Jamaican. This is the story of one man's triumph to play hockey in the National Hockey League. Herbert Carnegie was born in Toronto in 1919. In the 1940's Mr. Carnegie became a star hockey player in a league known as the Ouebec Aces. He was coached by the late Punch Imlach who later became coach and manager of the Toronto Maple Leafs.

Mr. Carnegie was voted Most Valuable Player three times. He was described by his teammates as "speedy with all the right moves". Unfortunately, he had all the right moves but the wrong skin colour. He had aspirations of someday making it to the National Hockey League (NHL). However, with the unwritten codes in the 1940's and 1950's, a black man entering in the NHL and having a professional career as a hockey player existed only as an ambition never to be realized. He was denied the chance to even tryout.

Dealing with his disappointments and setbacks, he redirected his energy to his career and family. He had a successful career as a senior account executive and a financial planner. He was also a member of the Investors Syndicate for 24 years. He has been married to Audrey Carnegie for 40 years. They have 4 children, 9 grandchildren, and 4 great grandchildren. Mr. Carnegie is also a me, but also the values that are

successful amateur Seniors'



was made an honorary member of the Important to others. Summit Golf and Country Club in I will endeavour to Achieve my goal by honest and sincere effort. Richmond Hill in 1994.

Mr. Carnegie is the creator of the Future Aces Philosophy to which he has devoted most of his time over the past 30 years. His primary objective is to promote the use of this philosophy in Elementary and Secondary Schools. The Creed of the Future Aces Philosophy is as follows:

AI will endeavour to develop a positive mental Attitude toward all people and toward my work.

I will endeavour to develop my talents best *Education* within my capability. and Ability in order that I maybe helpful to society.

I will endeavour to use my talents and act upon my ability, for without Action I am limited.

I will endeavour, through a positive mental attitude, through my ability and through my actions to Advance not only the values that are important to



Hockey Legend Herbert Carnegie

U I will endeavour to Co-operate and seek understanding with all people, regardless of colour, race or

I will endeavour to act Courageously, standing for what is right and speaking out against what is wrong.

I Will endeavour to be Confident working without being arrogant.

 $m{E}$ I will endeavour to acquire the

I will endeavour to set a good Example to others.

The philosophy involves a continuous process of learning about ones self and relationship with others. Living up to the aces philosophy means constantly seeking ways to improve.

Continued on page 11

YOUTH AFFAIRS COMMITTEE

It was indeed a night to shine November 2,2002, as the JCA played host to a gala dinner and dance for young professionals entitled "A Night to Shine". The uplifting event, engineered by the JCA's Youth Affairs Committee, could not have come at a more fitting time. In light of the numerous shootings in the community, the evening helped to reinforce the positive efforts of young people.

Fueled by the great success of this premiere event, the Youth Committee is geared to continue addressing the needs of young people. For example, the Committee plans to hold monthly workshops the last Friday of every month. These workshops will include a wide variety of topics ranging from education to developing self-esteem. The first workshop in January,

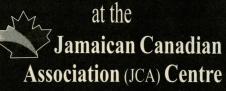
focused on the importance of setting and achieving goals. In addition, it offered tips from local black professionals regarding starting a business and financial planning.

The Committee is planning the 2nd Annual Black History/Career Fair event for high school students in late February. Representatives from various professions will be on hand to provide educational and career information to the students. The event will also include several cultural performances and guest speakers in celebration of Black History month.

The JCA Youth Affairs Committee is dedicated to the personal, professional, cultural, social and economic development of youth. It stands firmly by its motto: Unified People Learning and Improving for

tomorrow. (U.P.L.I.F.T.). The Committee welcomes all interested individuals to join. For more information, please contact David Griffiths (Youth Affairs Chair) at 416-746-5772 ext.422 or youthaffairs@jcassoc.org



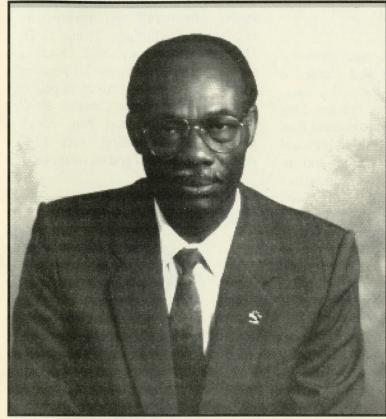


To establish a Scout Movement. The Scout Movement will provide stimulating indoor and outdoor programs for young people from 5-26 years. Scouts Canada and members of the Canadian Armed Forces will provide the necessary training and guidance in operating the group. For further information, please contact

BARRY MORRISON at the JCA, 416-746-5772

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FORMER JCA PRESIDENT. **MIAH BAILEY LOOKING BACK**



Miah Bailey

Mr. Miah Bailey is a retired Educator and committed Community Organizer. Mr. Bailey taught school both in the Toronto District School Board as well as in Jamiaca. Miah lives his motto: "Mankind cannot improve itself without improving others; selfishness is a road to destruction."

Please tell me about yourself. MB I am a retired teacher/educator and I also do a reasonable amount of work in industry in the engineering field. For 38 years I have been doing voluntary community services, right here in Toronto - 1964 to present.

Where did you teach? With the former Etobicoke School Board.

Did you teach in Jamaica as from? well?

Yes, for seven (7) years with my last school being Kingston IF College.

When did you come to Canada?

1963. MB I came on a Canadian Government Scholarship through Canadian Industrial Development Aid (CIDA).

that scholarship that meant you had to r e m a i n committed to Canada?

MB No. It is the sort of thing that meant,

I should have gone back to Jamaica and worked for the Jamaican government for at least four years. I was bonded to the Jamaican government and returned in 1965, but returned to Canada in 1966.

What was the nature of your scholarship?

MB Teacher Training Industrial Education.

My idea of Industrial Education is more like welding/woodworking that sort of thing. Was that what you majored in? MB Yes, technical trade technical and vocational. That is what I am qualified in.

Where in Jamaica are you Ipswich, in St. Elizabeth.

You said you have been

volunteering for 38 years where did you learn your altruism?

MB Basically right here in Toronto. There is a story behind that, that I must tell. This is how I got involved in the Jamaican Canadian Association in 1964. I came to Canada in 1963 and I went to Saskatchewan and spent one school year there. I then moved to Toronto to attend the University of Toronto. I arrived in Toronto on a Wednesday evening, got off the train and went to check in at the YMCA at Bay and College (right where the Police Headquarters is today). After booking into the 'Y', I was told about the "WIF" Club the West Indies Federation Club at Brunswick and College. I went looking for the WIF club and made it to Spadina and College and I was picked up by a W a s policeman for "fitting the description of a wanted Negro man." You are not serious MB I am serious. I like telling this

story because some people don't have a reason why they join the Association. I was picked up by a policeman for assaulted robbery and fitting the description of a man for assault and robbery. They took me to the Police Station. I did not have my identification on me (nothing on me). The sergeant allowed the police officer to take me back to the 'Y' for me to collect my ID which he did but he was not satisfied, so he took me back to the station with my papers. The sergeant looked at them and simply said, "oh, we are sorry, you are a victim of circumstances and you can go home." I said, go home where? I am in this city just about four hours ago and I was heading for a place where I was hoping to see some familiar faces. So all I need to do is to get there, so they took me there. That was when I met Harry Gairey who said to me, 'there is an association that was just formed a couple of years ago. You should not take it lying down; you should go and talk to the President. I know him. He is a young man, who just graduated from university. That is Roy Williams

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YMCA; and many others. She has

Submitted by: The JCA Women's Committee

Taken from Who's Who in Black Canada

JOYCE L. ROSS, Dr., CM

Founder/Executive Director, East Preston Day Care Centre

Dr. Joyce Ross has been active in her community of East Preston, Nova Scotia since her childhood and was the driving force behind the creation of the East Preston Day Care Centre. which she has been running as Executive Director since 1975.

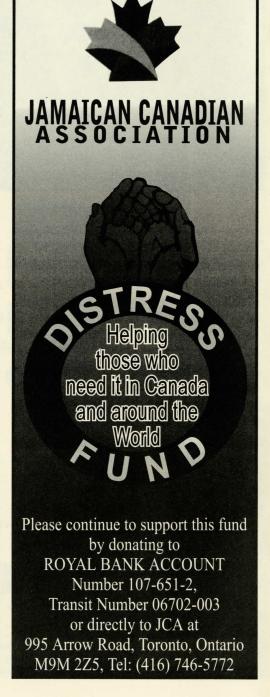
In 1969, while working on a community health program sponsored by the Black United Front (BUF), she completed a survey of the local population to identify means of improving the community; a day care facility was often mentioned. In

committee secured land from a community resident and erected a facility to be used for a day care. Since then, the East Preston Day Care Centre has been expanded four times to include four additional classrooms, a library, gym, and an off-site infant unit. It accommodates 115 children, aged six months to ten years; offers half-day, full-day and after-school programs; and, employs 25 staff. Services are also offered for adults: family education and planning programs; pre and postnatal classes sponsored by Health Canada.

The Centre has also conducted a twoyear pilot project in women's health, wellness and prevention. For its many innovations and high servicedelivery ratings, the Centre has been honoured by many organizations, including a nomination by Canadian Child Care Federation as one of the top ten child care centers in Nova Scotia.

Dr. Ross's other extensive community involvement includes: organizing Girl Guides movement and being the first District Commissioner for the area; Black United Front; NS Home for Coloured 1974, Dr. Ross and a small Children; BCC NS; Dartmouth

been honoured on numerous occasions including: Hon. LLD, Dalhousie University, 2002, Order of Canada, 2002, Plaque for 20 years of service of Spiritual Ministry to prison inmates, Corrections Canada, BCC Wall of Fame, United Way, Black Educators' Association, GG 125th Anniversary Medal and many more.





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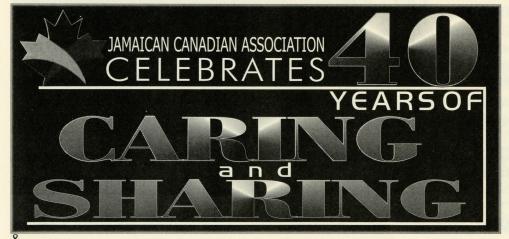
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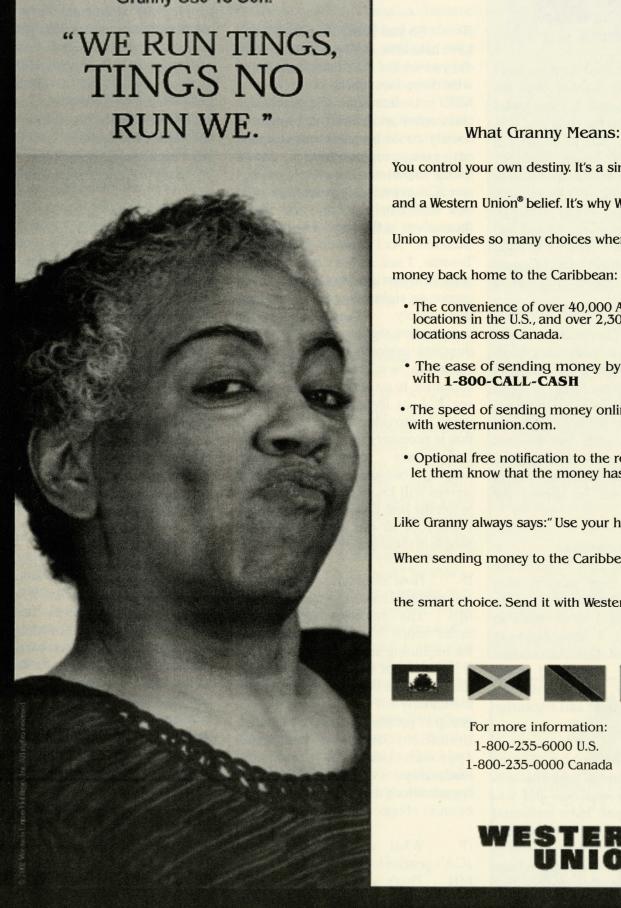
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FORMER JCA PRESIDENT MIAH BAILEY LOOKING BACK

Continued

of course. So, I called them up and I was told that the Sunday was the General Meeting and I went and I gave my story from the floor and Roy said, 'we won't let that pass, we will write a letter on your behalf.' And they did. They wrote a letter to the Chief of Police, to the Province of Ontario - the Premier and to the Prime Minister, and all three sources responded and apologized to me. When I thought about what could have been, I figured that this Association has done something for me.

What was Harry Gairey like? MB A little man with a big heart who has touched the lives of nearly every Jamaican and/or black person in the community. He was a part owner of WIF and it was the only club that West Indians could go to and everyone went there when they got a day of. He did his social work from the window where he served the meals at the club.

What year was this?

1964. And, I got involved as a member at that very meeting that Sunday and with the exception of the eight months that I spent back in Jamaica ('65/'66), I have been an active member of this Association continuously. I have held every position on this Board with the exception of Treasurer and Executive Secretary.

The whole story has stunned me. I was going to ask you what was it like in Canada and how did you cope? I think you have answered much of those two questions, in the story you have told.

MB A couple of books have been published and on the market that speaks to my existence in Canada. They don't have the story about the police, but my time in Canada "Discovering Patterns in Human Geography" and "Who's Who in Black Canada."

IF So you became a member and have held almost all positions. What did you see the JCA's role as then and what do you see it as now?

MB At that time I figured this class, white and subtle discriminatory society could be disastrous to quiet, easy-going people coming in. Based on the experience I had. As such, I saw JCA as an organization that could and would help people who found themselves in this sort of unfortunate situation. As I grew up with JCA in Toronto, I see JCA as being able to help in directing people to get the proper or right education to fit into this society. I see JCA as the organization that has done and still is directing newcomers in how to find places to live, counseling, type of education to go after and so on. I also see JCA as the organization that is going to provide the sort of advocacy that is necessary in most of the social endeavours education, health, housing because not everyone that arrives will know exactly what to do to get the best possible opportunities. I see JCA as the medium to assist people in these issues.

How would you say the JCA was operated and is that still the case? MB The structure and format under which JCA has operated from the beginning until now, is very good. It is the sort of structure that prevents the JCA from becoming the personal commodity of an individual or a group of people. By virtue of having limitations and the democratic approach taken to select the leadership. I have seen other organizations that died natural deaths because of opposite structures.

What would you attribute JCA's general longevity to?

That's a good question and I MB would think there are a lot of reasons for it. JCA as an organization gets a

lot of flack, a lot of criticism from people, but by the same token, most of the organizations that you see around Toronto, whatever they are, the people who originated those other organizations, got their ideas from the JCA or they have been at some point in time, a part of the JCA and just want to be in something that they have ownership and leadership of so they go and form their own. So as a result, even though they have been in JCA and left, they still remember JCA out there. And as you know, advertising is, that you sell yourself to someone to the point where he or she can't forget you and as long as you are on people's minds there is going to be some form of growth, just for being on peoples minds. The second reason I think that JCA is such a formidable organization in this community, is, there has been a core group of membership, some of whom have died, but there is still a JCA core membership, who have stayed with the organization, they have stay the course and even if they are not in leadership, positively or negatively, they impact the association, somehow.

Can you give me one or two successes that the JCA stood behind? MB Job creation, in my mind is very important for the growth of a community and for the growth of people in general. Ever since this association got involved officially in social service programs and was funded somehow by government or other agencies, they have been in the business of job creation. In other words, there are many people in this city right now that I can put my hand on whose career or professions were started right here at JCA either on student employment when they were in high school or university or after school, what-ever positions were available for which they qualified and after two or three years they moved on. JCA has really been a launching pad as no one can expect someone to spend a lifetime in JCA, but JCA has done a very good job of assisting.

Would you say then, that many of the people that got launched here, would not have had that opportunity in the wider sphere?

MB Quite honestly, no. And, especially those who have gone on and progressed in the social services field. They might not have had the opportunity to be exposed to that career, had JCA not been here. They would probably have had their first job in a store or some other area that would not have given them the opportunity to see this career path.

What is the major difference you see, from your perspective, then and now with Jamaica and Canada?

MB When I came to Toronto in

1964 of course anyone will tell you

that you would walk long and hard to see another black person or another Jamaican so I guess the first observation that I can make is that, there is a 'helluva' lot more of us here between then and now. Because the numbers have grown, I think everything else has grown. I see more Jamaicans in this community acquiring decent jobs, things houses, cars, more so now than they have in the past. But then, I can't help but noticing that the ills grow along with the good, so crime seems to be something that we are worried about among our young people. To be honest with you, for quite a long time, when there was a black crime, I used to take on some of the guilt, but these days, I have grown to recognize the fact that when you as a member of a community or you belong to an organization that you think has done its best to assist people socially, and if this sort of thing continues to happen, you don't blame yourself, you don't take on the guilt. You have done your best, and then you don't worry about what happens afterwards.

On that point, I am sure you are aware that in the last week or so, the "mother country" if you will England, has imposed visa restrictions on Jamaicans going to England. What are your thoughts on

MB My thoughts on that Jamaica is an independent country and I remember before Jamaica became independent, England had no choice other than to accept anybody who bought a plane ticket, had a passport, jumped on a plane and got there. Jamaica became independent in 1962. We should be friendly to Britain, just as how we are to Canada or the United States. I think Britain reserves the right to put restrictions on any group of people that they think they want to. They do not owe Jamaica any obligations to give them any special privileges.

IF What are your final thoughts particularly about JCA and your aspirations for JCA?

MB I am involved in JCA from very close to the beginning. It was a long time coming from Dawes Road to Arrow Road, but it represents some form of growth. In other words, there is some measured growth between Dawes Road and Arrow Road. I remember a time when JCA used to employ 22 full-time staff plus summer staff. Over the past few years I have read about a lot of other groups that get tax payers money to do the things that this association has done for forty years and should be able to continue doing and in a greater way than in the past. I don't know how true this is, but I have heard that the staff is down to about 10 and I feel that something needs to be done to restore the numbers to what they used to be. Young people are coming and need to get the same opportunities that others got. I still look forward to the day when we can duplicate for this black community in Toronto something like the Columbus Centre at Dufferin and Lawrence.

IF Thank You. MB Thank you.

Continued

Annually, The Herbert Carnegie Future Aces Foundation offers 25 \$1,000.00 Scholarships to deserving achievers who display exemplary citizenship. Since the inception in 1989, \$250, 000.00 in scholarships have been awarded. The Scholarships are funded and supported by contributions from district school boards, businesses, community organizations, and individuals.

In recognition of his contribution to Ontario, Mr. Carnegie received the Ontario Medal for Good Citizenship in 1988. In May 2001, The Toronto Parks and Recreation Centre renamed the North York Centennial Arena located at 589 Finch Avenue West in Toronto, - "The Herbert H. Carnegie Centennial Centre." The 81 year old Mr. Carnegie has turned the racism he was subjected to as a young man into a life long mission of positive things. Mr. Carnegie is no doubt a legend.



By Alton Telfer

Happy New Year to all. Christmas came and went and the New Year has stepped in, a signal that it is time to "go back to basics", business as usual. I trust that you had a safe, healthy and enjoyable holiday season.

The New Year has greeted some of us with tax hikes, - not considered a friendly gesture in Toronto. TTC Riders were hit with a 5-1/2 % fair hike - ten adult tickets went from \$18 to \$19 and monthly metro pass went

from \$93.50 to \$98.75. Cash TTC Organizing Committee. I must also fare remained \$2.25.

firearm dealers were also hit with high tax increases. The license fees on motor vehicles increased by 33%, while firearm fees went up from J\$2,500 to J\$10,000. Liquor License of various categories doubled. This will certainly put a dent in bar patron Congratulations also go out to all the wallets.

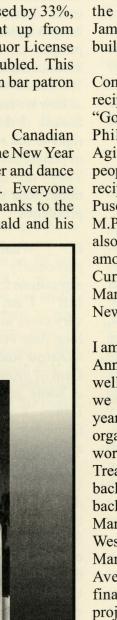
Association we ushered the New Year in with an excellent dinner and dance to some very good music. Everyone had an enjoyable time, thanks to the organizer, Bruce McDonald and his

send congratulations to Desmond Marret, the building caretaker, who In Jamaica, motor vehicle owners and received a citation that night in the form of a plaque from the Jamaica Canadian Association for his dedicated service to the general maintenance of the Jamaican Canadian Community Centre building. This is a well-deserved award.

recipients of the Queen Elizabeth 2 "Golden Jubilee Awards". Gerry Here at the Jamaican Canadian Phillips M.P.P. for Scarborough-Agincourt recommended seventeen people for this award. Among the recipients were Erma Collins, Sylvia Pusey and Ron King. Alvin Curling, M.P.P. for Scarborough-Rouge River also recommended sixteen people and among them were Hugh Evelyn, Oswin Curling, Evadnie Beckett, Phyllis Martin and Ron Fanfair from "Share News".

> I am pleased to inform you that the JCA Annual Christmas Grand-market went well. Some vendors are requesting that we hold the Grand-Market twice per year. Thanks to the Grand-Market organizing committee for their hard work. A special thank-you our former Treasurer, Cindi Anderson who was back in town and immediately came back on board to help with the Grand-Market. I would like to also recognize Western Union and Danforth Food Market at Markham Road & Lawrence Avenue in Scarborough for their financial contribution towards the project.

Finally, the golf season is not far away. Currently there is a gold clinic being held at the Jamaican Canadian Association on Wednesday's by Mr. Alvin Ffrench, anyone interested can contact the Jamaican Canadian Association at 416-746-5772 and leave a message for Mr. Ffrench. The Committee is also organizing a oneweek get-a-way golf tournament at Sandals Golf and Country Club in Ocho Rios, Jamaica. Non-golfers are also welcomed. For further info, contact the Jamaican Association at 416-746-5772.



Combating

Continued

into consideration when examining come to love and trust. the problematic issue of violence. We will not win the war against youngsters because, according to youngsters end up in the jails, violence in our community by criminological statistics, "most detention centers, prisons or building more jails and detention crime, including most serious morgues. centers, arming ourselves, or crime, is the result of youthful increasing police-presence. Instead, offenders. Most of those arrested for Society. Boston: Allyn and Bacon, c1989. we should be very proactive in our attempt to harness the vast abilities and attributes of our youngsters.

The Saturday-morning tutorial classes for students who need extra help in academics, orchestrated by The Jamaican Canadian Association, is a classic example of proactive measures that are being used in our quest to uplift and enhance the lives of our youngsters. Placing an emphasis on education will eventually lead to economic achievements and the more economically viable we are as a community, the easier it will be for us to provide jobs, programs and businesses that will benefit the community in particular and Canada in general.

It is necessary to empower voungsters to use their minds, their energies and efforts creatively, especially within their communities. When youths are empowered via education, they will be able to articulate their concerns and will undoubtedly be taken more seriously by the powers-that-be.

If the breaking-down of some black families has led to situations where children are not being properly supervised, then the

history of violence have a greater arrested are under the age of 25. they have learned, primarily, from (Meier, 64). mentioned words should be taken those individuals who they have

onus is on knowledgeable serious crimes are lower-class community members to go into males who live in large cities. these areas and to pass-on some of Crime, including serious crimes, is their wisdom. It is my opinion that largely a young person's activity criminal behavior is partly a learned judging from statistics on arrests. behavior. Parents who have a About 65 percent of all persons chance of raising violent children. About 70 percent of all those The behavior of youngsters is, in arrested for robbery, burglary and most cases, a true reflection of what auto theft are under 25 years of age."

The onus is therefore on enlightened "community" members I am focussing on the to lend a helping hand before these

Work Cited: Meier, Robert. Crime and



The ICTORIA MUI

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CONGRATULATIONS

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MOVIE REVIEW

By Michelle Blake

'Antwone Fisher', Denzel Washington's directorial debut is powerful and inspiring.

Denzel Washington makes his directorial debut which reflects the intelligence and humanity we've come to expect in his various screen plays over the years.

'Antwone Fisher' is the uplifting story about an angry young sailor (new comer Derek Luke) who discovers he can't love and respect those around him until he loves and respects himself.

We first meet Fisher with a huge chip on his shoulder. He fights anyone and everyone at the slightest excuse. After one incident lands him in military jail, Fisher is sent to see Dr. Davenport (Washington), who begins the long process of helping Fisher discover the root of his anger.

As we are currently faced with increased incidents of crime and violence amongst our black youth 'Antwone Fisher' is a great film to watch with your children or anyone you know who may need motivation. Based on a true story, Antwone Fisher demonstrates there is hope for anyone who is willing to change and delivers a refreshingly optimistic message about the importance of family, roots and self-respect.

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THE OFFICIAL PUBLICATION OF THE JAMAICAN CANADIAN ASSOCIATION

has a wide circulation inside and outside the Caribbean Community.

For more information please call

(416) 746-5772

POINTS TO PONDER

- Save the whales. Collect the whole set.
- A day without sunshine is like, night.
- On the other hand, you have different fingers.
- I just got lost in thought. It was unfamiliar territory.
- 42.7 percent of all statistics are made up on the spot.
- 99 percent of lawyers give the rest a bad name
- I feel as if I'm diagonally parked in a parallel universe
- Honk if you love peace and quiet.
- Remember, half the people you know are below average.
- He who laughs last thinks slowest.
- Depression is merely anger without enthusiasm.
- The early bird may get the worm, but the second mouse gets the cheese.
- I drive way too fast to worry about cholesterol.
- Support bacteria. They're the only culture some people have.
- Monday is an awful way to spend one-seventh of your life.
- A clear conscience is usually a sign of bad memory.
- Change the inevitable, except from vending machine.

- Get a new car for your spouse. It'll be a great trade.
- Plan to be spontaneous to-morrow.
- Always try to be modest, and be proud of it.
- If you think nobody cares, try missing a couple of payments.
- How many of you believe in telekinesis? Raise you hand....
- Okay, so what's the speed of dark?
- How do you tell when you're out of invisible ink?
- If everything seems to be going well, you are obviously overlooking something.
- When everything is coming your way you are in the wrong lane
- Hard work pays off in the future. Laziness pays off now.
- Everyone has a photographic memory; some just don't have film.
- If Barbie is so popular, why do you have to buy her friends
- Eagles may soar, but weasels don't get sucked into jet engines.
- What happens if you get scared half to death twice?
- I used to have an open mind but my brains kept falling out.

QUARTERLY MEETING

Sunday February 23, 2003

Jamaican Canadian Centre 995 Arrow Road

For further information call JCA at (416) 746-5772

JCA's web page/address - Web Site: www.jcassoc.com • E-mail: info@jcassoc.com

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JAMAICAN GUNGO PEASSOUP

Taken from: Down to Earth Jamaican Cooking by Laurice DeGale

For your copy of this excellent, easy to follow cookbook, call (416) 267-6081

The gungo pea, known by various other names including congo and pigeon peas, is one of the most loved peas in Jamaica.

1-1/2 lbs beef shank or stewing beef

1lb. salt beef or salted port, soaked overnight

1 clove garlic, crushed

2 cups dried gungo peas, soaked overnight

8 cups water

1 lb. each co co, yellow yam or white yam, sweet potato peeled, washed and diced

Spinners (see recipe below)

3 stalks escallion, crushed

1 sprig fresh thyme

Black pepper

1 whole green Scotch Bonnet pepper, unbroken

Wash the meats and put them in a large pot with the water. 2. Add the garlic, peas, and bring to a boil. 3. Skim off froth as it rises. Cook until meats and peas are nearly tender, about 1-1/2 hours. 4. Add the co co, yam, sweet potato, and spinners. 5. Add more boiling water to cover the ingredients. 6. When the ingredients

are almost cooked add escallion, thyme, black pepper and unbroken Scotch Bonnet pepper. 7. Stir and taste for flavour, add salt if necessary. Simmer for another 10 minutes. The soup should be moderately thick.

Before serving, remove the whole hot pepper.

Serves 4-6

Spinners (or dumplings)

2 cups flour
1/4 cup cornmeal (optional)
1/4 teaspoon salt
Cold water

1. Combine flour, cornmeal, and salt. Add the cold water (a little at a time) and knead until smooth. 2. Break off small pieces from the dough. 3. Rub dough between your palms to make 1" cylinder-shaped spinners.

UPCOMING EVENTS

EVENT	DATE	TIME	LOCATION
BOONOONOON BRUNCH	Sun. Feb. 9 th	T.B.A.	JCA Centre
NEW MEMBERS' MEETING	Sun. Feb. 16 th	2:00pm	JCA Centre
JCA (CYFS) EVENT	Fri. Feb 21st	10:00 4:30pm	JCA Centre
(Black History Month)			
*QUARTERLY MEETING	Sun. Feb 23 rd	2:00 6:00pm	JCA Centre
INTERNATIONAL WOMEN'S	Sun. Mar 16 th	1:00 6:00 pm	JCA Centre
DAY Topic T.B.A.			
YOUTH COMMITTEE	Wed. Mar. 26 th	9:00 3:00 pm	JCA Centre
Black History Event			
WOMEN'S COMMITTEE	Sat. Apr 5 th	10:00 2:00 p.m.	JCA Centre
Prostate and Breast Cancer workshop			
INT'L WOMEN'S DAY CELEBRATION	Sun. Mar. 16th.	T.B.A.	JCA Centre
JCA YOUTH FASHION SHOW	Sun. Apr 27 th	T.B.A.	JCA Centre

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